|  |  |  |  |
| --- | --- | --- | --- |
| **Coach Brown** |  | **Developmental Soccer** |  |
| PE - Soccer |  | 2/20– 2/24 |  |

|  |  |
| --- | --- |
| * **Monday** | **Daily Objective:** Students will stay active and develop a better knowledge and understanding in the game of soccer  **Daily Agenda:**   1. Dress out into soccer gear. 2. Report for attendance. 3. Instructional time. 4. Class activity. 5. Students dress back into their school clothes.   **Class Discussion Point(s):**   1. Thirds of the field: defending, mid and attacking third. 2. What each 3rd of the field represents and means. 3. Answer student questions.   **Class Activity:**   1. Split group into three teams 2. Participate in fast small-sided competitive games – tournament style. 3. Winning team stays on the field to defend their championship. 4. Emphasis: Awareness of thirds of the field.   **Follow-Up/Homework:** |
|  |  |
| **Tuesday** | **Daily Objective:** Students will stay active and develop a better knowledge and understanding in the game of soccer  **Daily Agenda:**   1. Dress out into soccer gear. 2. Report for attendance. 3. Instructional time. 4. Class activity. 5. Students dress back into their school clothes.   **Class Discussion Point(s):**   1. Review – Thirds of the field and what each third represents. 2. Answer student questions.   **Class Activity:**   1. Split group into three teams 2. Participate in fast small-sided competitive games – tournament-style. 3. Winning team stays on the field to defend their championship. 4. Emphasis: Thirds of the field awareness.   **Follow-Up/Homework:** Reminder about game evaluation grade Thursday. |
|  |  |
| **Wednesday/Thursday** | **Daily Objective:** Students will stay active and develop a better knowledge and understanding in the game of soccer  **Daily Agenda:**   1. Students dress out into soccer gear 2. Students report for attendance 3. Class Discussion 4. Class activity 5. Students dress into their school clothes   **Class Discussion Point(s):**   1. The three defending zones of the field. 2. What each defending zone represents. 3. Questions and answers.   **Class Activity (Game evaluation):**   1. Split up two full teams 2. Full-field game with positional responsibilities. 3. Substitutions made every 8 minutes of play. 4. Emphasis: Awareness and execution of the thirds of the field as well as the defending zones.   **Follow-Up/Homework:** Professional soccer games schedule for the week. |
|  |  |
| **Friday** | **Daily Objective:** Students will stay active and develop a better knowledge and understanding in the game of soccer  **Daily Agenda:**   1. Students dress out into the soccer gear. 2. Student report for class attendance. 3. Instructional time. 4. Class activity. 5. Student change back into their school clothes.   **Class Discussion Point(s):**   1. Review- Thirds of the field. 2. Review- Defending zones of the field.   **Class Activity:**   1. Split up three teams and play small-sided tournament-style rotation games. 2. All students stay active during the course of class activity. 3. Emphasis: Awareness of the thirds of the field as well as the defending zones of the field. 4. Finish workout with core-muscle exercises for better body strength.   **Follow-Up/Homework:**   * Observe at least 20 minutes of a professional soccer game on tv. |